



# FACT FILE

## Gap Semester In The Himalaya

The mission of the Hanifl Centre is to provide a world class outdoor and environmental education program that develops responsible citizens by exploring and celebrating the Himalayan environment through physical activity, art, literature, environmental ethics and leadership training.

In keeping with the above mission, Woodstock School's Hanifl Centre has developed a Gap Semester programme that focuses on outdoor and environmental studies in the Himalaya. This 110 day experience is a great way for youngsters to immerse themselves in the culture and natural history of the area, in addition to gaining an appreciation of the livelihood and socio-economic issues that face villages in remote parts of the Himalaya.

The programme focuses on students or young professionals taking time off from their education or career for a refreshing new challenge. The course runs from mid-August till late November. Some of the programme's features include:

- learning to communicate in Hindi at the Landour Language School.
- trekking up snow peaks to the Lahul area of the Garhwal.
- service-learning projects and home-stays at the Kaza village in the Spiti district.
- visiting across millennia-old Tabo monastery and the Ki ghompa.
- learning first aid and mountaineering with National Outdoor Leadership School (NOLS), USA and the Nehru Institute of Mountaineering (NIM).
- going on a Wildlife safari at the Corbett National Park, and discussing issues of human-animal conflict
- White-water rafting in the Ganga.

The base camp is the Hanifl Centre, and participants also get a chance to use the Woodstock School gymnasium for fitness training, rock-climbing, or other activities.

Cost: US \$12,000 (starts and ends in New Delhi).

*For links to photographs and further Fact Files, visit:*  
[www.woodstockschool.in/press](http://www.woodstockschool.in/press)

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