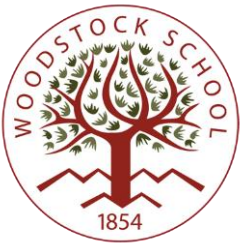




MYP Years 1-3 Physical and health education assessment criteria





MYP Years 1-3

Physical and health education assessment criteria

Overview

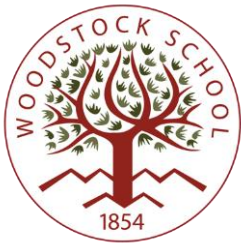
Physical activity and health are of central importance to human identity and global communities. They create meaningful connections among people, nations, cultures and the natural world, and they offer a range of opportunities to build intercultural understanding and greater appreciation for our common humanity.

MYP Physical and health education aims to empower students to understand and appreciate the value of being physically active and develop the motivation for making healthy life choices. To this end, physical and health education courses foster the development of knowledge, skills and attitudes that will contribute to a student's balanced and healthy lifestyle.

Middle Years Programme Physical and health education guide

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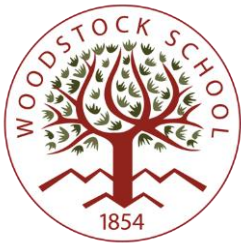
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Year 1

Criterion A: Knowing and understanding

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ol style="list-style-type: none"> i. recalls some physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues iii. recalls physical and health terminology.
3-4	The student: <ol style="list-style-type: none"> i. recalls physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues and suggest solutions to problems set in familiar situations iii. applies physical and health terminology to communicate understanding with limited success.
5-6	The student: <ol style="list-style-type: none"> i. states physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues and solve problems set in familiar situations iii. applies physical and health terminology to communicate understanding.
7-8	The student: <ol style="list-style-type: none"> i. outlines physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to describe issues and solve problems set in familiar and unfamiliar situations iii. applies physical and health terminology consistently to communicate understanding.

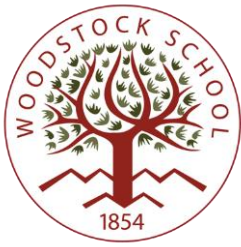


Criterion B: Planning for performance

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ol style="list-style-type: none"> i. states plans for improving health or physical activity ii. states the effectiveness of a plan.
3-4	The student: <ol style="list-style-type: none"> i. outlines a basic plan for improving health or physical activity ii. states the effectiveness of a plan based on the outcome.
5-6	The student: <ol style="list-style-type: none"> i. outlines a plan for improving health or physical activity ii. identifies the effectiveness of a plan based on the outcome.
7-8	The student: <ol style="list-style-type: none"> i. constructs and outlines a plan for improving health or physical activity ii. describes the effectiveness of a plan based on the outcome.

Criterion C: Applying and performance

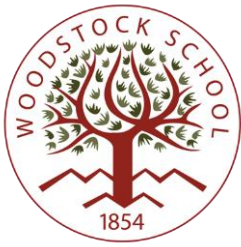
Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ol style="list-style-type: none"> i. recalls some skills and techniques ii. recalls some strategies and movement concepts iii. applies information to perform with limited success.
3-4	The student: <ol style="list-style-type: none"> i. recalls skills and techniques ii. recalls strategies and movement concepts iii. applies information to perform.
5-6	The student: <ol style="list-style-type: none"> i. recalls and applies a range of skills and techniques



	<ul style="list-style-type: none"> ii. recalls and applies a range of strategies and movement concepts iii. recalls and applies information to perform effectively.
7-8	<p>The student:</p> <ul style="list-style-type: none"> i. recalls and applies a range of skills and techniques ii. recalls and applies a range of strategies and movement concepts iii. recalls and applies information to perform effectively.

Criterion D: Reflecting and improving performance

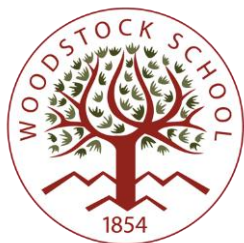
Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	<p>The student:</p> <ul style="list-style-type: none"> i. states a strategy to enhance interpersonal skills ii. states a goal to enhance performance iii. describes performance.
3-4	<p>The student:</p> <ul style="list-style-type: none"> i. lists strategies to enhance interpersonal skills ii. states a goal and applies strategies to enhance performance iii. summarizes performance.
5-6	<p>The student:</p> <ul style="list-style-type: none"> i. identifies strategies to enhance interpersonal skills ii. lists goals and applies strategies to enhance performance iii. outlines and summarizes performance.
7-8	<p>The student:</p> <ul style="list-style-type: none"> i. identifies and demonstrates strategies to enhance interpersonal skills ii. identifies goals and applies strategies to enhance performance iii. describes and summarizes performance.



Years 2 and 3

Criterion A: Knowing and understanding

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ol style="list-style-type: none"> i. recalls physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to outline issues and suggest solutions to problems set in familiar situations iii. applies physical and health terminology to communicate understanding with limited success.
3-4	The student: <ol style="list-style-type: none"> i. states physical and health education factual, procedural and conceptual knowledge ii. identifies physical and health education knowledge to describe issues and to solve problems set in familiar situations iii. applies physical and health terminology to communicate understanding.
5-6	The student: <ol style="list-style-type: none"> i. outlines physical and health education factual, procedural and conceptual knowledge ii. applies physical and health education knowledge to describe issues to solve problems set in familiar situations and suggest solutions to problems set in unfamiliar situations iii. applies physical and health terminology consistently to communicate understanding.
7-8	The student: <ol style="list-style-type: none"> i. describes physical and health education factual, procedural and conceptual knowledge ii. applies physical and health education knowledge to explain issues and solve problems set in familiar and unfamiliar situations iii. applies physical and health terminology consistently and effectively to communicate understanding.

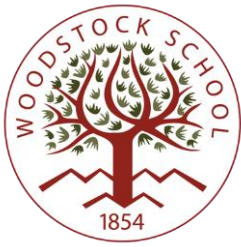


Criterion B: Planning for performance

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ol style="list-style-type: none"> i. outlines a plan for improving physical performance and health ii. states the effectiveness of a plan based on the outcome.
3-4	The student: <ol style="list-style-type: none"> i. constructs and outlines a plan for improving physical performance and health ii. outlines the effectiveness of a plan based on the outcome.
5-6	The student: <ol style="list-style-type: none"> i. constructs and explains a plan for improving physical performance and health ii. describes the effectiveness of a plan based on the outcome.
7-8	The student: <ol style="list-style-type: none"> i. designs and explains a plan for improving physical performance and health ii. explains the effectiveness of a plan based on the outcome.

Criterion C: Applying and performance

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	The student: <ol style="list-style-type: none"> i. recalls and applies skills and techniques with limited success ii. recalls and applies strategies and movement concepts with limited success iii. recalls and applies information to perform.
3-4	The student: <ol style="list-style-type: none"> i. demonstrates and applies skills and techniques with limited success ii. demonstrates and applies strategies and movement concepts with limited success iii. identifies and applies information to perform.



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5-6	<p>The student:</p> <ul style="list-style-type: none"> i. demonstrates and applies skills and techniques ii. demonstrates and applies strategies and movement concepts iii. identifies and applies information to perform effectively.
7-8	<p>The student:</p> <ul style="list-style-type: none"> i. demonstrates and applies a range of skills and techniques ii. demonstrates and applies a range of strategies and movement concepts iii. outlines and applies information to perform effectively.

Criterion D: Reflecting and improving performance

Achievement level	Level descriptor
0	The student does not reach a standard described by any of the descriptors below.
1-2	<p>The student:</p> <ul style="list-style-type: none"> i. identifies strategies that enhance interpersonal skills ii. lists goals to enhance performance iii. summarizes performance.
3-4	<p>The student:</p> <ul style="list-style-type: none"> i. identifies and demonstrates strategies that enhance interpersonal skills ii. identifies goals to enhance performance iii. outlines and summarizes performance.
5-6	<p>The student:</p> <ul style="list-style-type: none"> i. outlines and demonstrates strategies that enhance interpersonal skills ii. identifies goals and applies strategies to enhance performance iii. outlines and evaluates performance.
7-8	<p>The student:</p> <ul style="list-style-type: none"> i. describes and demonstrates strategies that enhance interpersonal skills ii. outlines goals and applies strategies to enhance performance iii. explains and evaluates performance.